



Next Facilitator Training

Tuesday 9th January

FamilyZone Ingle Farm

2 Belalie Rd

9:00am — 12:00

Cost: \$50-00 ( payable to the Salvation Army  
Ingle Farm—includes training manual )

Registrations: Ph 8397 9333

Email: [karl.brettig@aus.salvationarmy.org](mailto:karl.brettig@aus.salvationarmy.org)



## what's been said

*"Really liked the focus on dads,  
seeing dads with their kids and the  
images represented."*

Early Childhood Coordinator

*"Liked the flexibility of the way the  
material is presented to the couples  
depending on their needs and  
issues."*

Parent Educator

*"Very easy to read and appropriate  
for young teenage mums and girls."*

Family Relationship Practitioner

*"Good to see real people in real  
situations."*

Dads group facilitator

*"Booklet & DVD will be really useful  
to integrate into my existing work  
with individuals and groups."*

Social Worker

*"Particularly liked how the sessions  
were tailored to the group and the  
encouraging openness of  
conversations."*

Parent

## A Communities for Children Initiative

Funded by the Australian Government

Department of Social Services

[www.salisburyc4c.org.au](http://www.salisburyc4c.org.au)

# Course Content

The structured program includes core sections including:

- The importance of the early years for brain development as it relates to social and emotional learning and the role of parents in this.
- A six step process that facilitates good practice in co-parenting including listening, agreeing together, setting boundaries and rules, emotional self-regulation in the process of doing this, choices and consequences.

Options that can be tailored in depending on the needs of the group include:

- Partner relationship issues
- Blended families
- Trauma informed practice
- A process for resolving conflict through negotiation

Expected Outcomes

- Understanding a child's needs
- Mindful, respectful, unified and consistent parenting
- Improved relationship bonds between parents and children
- Understanding how to resolve conflict

DVD can be used to promote discussion with groups or individuals.

Topics covered in the structured sessions include:

- Changes
- Parenting
- The first years
- Relationships
- Conflict

Facilitators Guide includes:

- Background information
- Illustrations for use in small groups
- Content for 5 session structured course option

## Resource Order Form

Name .....

Address .....

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P/code.....State.....

I enclose \$..... payment.

Date: ...../...../20.....

I authorize payment to The Salvation Army Ingle Farm. Please debit:

Please circle: MasterCard    Visa    Bankcard

Card Number:        \_\_\_\_\_

Please send me:	Qty	Cost
DVD & Booklet @ \$15-00		
Facilitators Guide @ \$25-00		
Booklet Only @ \$5-00		
Please include postage @ \$2-75 per item		
<b>TOTAL</b>		

*Copies available from the Salvation Army  
Ingle Farm*

*Phone 08 8397 9333*

*Ingle.farm.admin@aus.salvationarmy.org*

*Fax: 08 8396 5170*