



This resource has been developed by the Salvation Army Ingle Farm as part of the Communities for Children initiative in partnership with a number of organisations working with families. It looks at some of the challenging relationship issues faced by young mums and dads in raising children, how these may impact on their child's development and what parents can do about it.

Further info: [karl.brettig@aus.salvationarmy.org](mailto:karl.brettig@aus.salvationarmy.org)



## what's been said

*"Really liked the focus on dads, seeing dads with their kids and the images represented."*

Early Childhood Coordinator

*"Liked the flexibility of the way the material is presented to the couples depending on their needs and issues."*

Parent Educator

*"Very easy to read and appropriate for young teenage mums and girls."*

Family Relationship Practitioner

*"Good to see real people in real situations."*

Dads group facilitator

*"Booklet & DVD will be really useful to integrate into my existing work with individuals and groups."*

Social Worker

*"Particularly liked how the sessions were tailored to the group and the encouraging openness of conversations."*

Parent

## A Communities for Children Initiative

Funded by the Australian Government

Department of Social Services

[www.salisburyc4c.org.au](http://www.salisburyc4c.org.au)

# Course Content

The structured program includes core sections including:

- The importance of the early years for brain development as it relates to social and emotional learning and the role of parents in this.
- A six step process that facilitates good practice in co-parenting including listening, agreeing together, setting boundaries and rules, emotional self-regulation in the process of doing this, choices and consequences.

Options that can be tailored in depending on the needs of the group include:

- Partner relationship issues
- Blended families
- Trauma informed practice
- A process for resolving conflict through negotiation

Expected Outcomes

- Understanding a child's needs
- Mindful, respectful, unified and consistent parenting
- Improved relationship bonds between parents and children
- Understanding how to resolve conflict

DVD can be used to promote discussion with groups or individuals.

Topics covered in the structured sessions include:

- Changes
- Parenting
- The first years
- Relationships
- Conflict

Facilitators Guide includes:

- Background information
- Illustrations for use in small groups
- Content for 5 session structured course option

## Resource Order Form

Name .....

Address .....

.....

.....

P/code.....State.....

I enclose \$..... payment.

Date: ...../...../20.....

I authorize payment to The Salvation Army Ingle Farm. Please debit:

Please circle: MasterCard    Visa    Bankcard

Card Number:        \_\_\_\_\_

Please send me:	Qty	Cost
DVD & Booklet @ \$15-00		
Facilitators Guide @ \$25-00		
Booklet Only @ \$5-00		
Please include postage @ \$2-75 per item		
<b>TOTAL</b>		

*Copies available from the Salvation Army  
Ingle Farm*

*Phone 08 8397 9333*

*Ingle.farm.admin@aus.salvationarmy.org*

*Fax: 08 8396 5170*